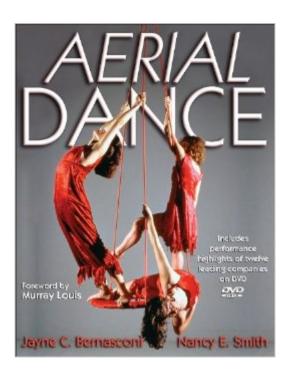
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# **Aerial Dance**





## **Synopsis**

Aerial Dance is the first book to showcase this newest dance genre. The book traces the historical roots of this latest art form, which is rapidly gaining in popularity. It also defines its place in the lineage of modern dance and addresses aesthetics, philosophical approaches to teaching, and safety issues. Aerial Dance will be of great interest to all those associated with or attracted to this emerging art form. Whether a novice or professional, a practitioner or educator, they will learn from those who helped shape aerial dance into what it is today. Through this book and DVD package, readers will gain insight from essays written by leading choreographers in the field; gain a greater understanding of and appreciation for aerial dance choreography through "Look Up!" features that provide cross-references to video performance clips on the DVD; and view high-quality photographs that illustrate the origins of aerial dance. Part I details the evolution of aerial dance and its place in a postmodern world. It delves into the aesthetics of aerial dance and the differences between this genre and circus-based aerial arts. Part II presents a variety of essays from many of the top artists in the field who provide insight into their own approaches to aerial dance. The book also presents a variety of teaching applications, including ideas for working with special populations and related art forms. Part III is all about safety, including injury prevention, rigging, other safety-related issues. This part helps readers understand anatomical and physiological issues regarding safety. Note that Aerial Dance is not meant as an instruction book in choreographing or executing aerial dance moves. No book can ensure safe rigging or keep a dancer from falling. Those who are interested in learning and practicing aerial dance must first find a skilled and experienced teacher. The appendix includes contact information on aerial dancers, teachers, festivals, and aerial dance equipment. Readers will find great insight and direction from seasoned experts in this innovative dance form. Aerial Dance captures the passion of the genre and helps readers appreciate the creative possibilities it offers.

### **Book Information**

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#### Customer Reviews

I loved seeing the DVD! That was the jewel of this book. The book is a good perspective on the niche category of Aerial Dance. It does a good job of explaining the difference between Aerial Dance and other forms of Aerial performance. I felt like I had a good handle on the art after reading this and watching the accompanying DVD. It is inspirational, informative and helpful- It has a nice list at the back of places to learn Aerial Dance and to buy equipment. Some of the listings were obsolete, I found. I was really searching for a book that had more practical stuff like how to execute certain moves and this is not the book for that. However, for anyone who is curious about this art form this is a great read.

I was hoping for more technique instruction but I didn't fully read the description. Hopefully the author will release a dvd on techniques

The aerial dance performances of twelve leading companies on DVD accompany something truly unique: the first book to profile this new dance genre. From its historical roots to how to become an aerial dancer and how to judge aerial performances differently, AERIAL DANCE offers insights and direction from experts who developed and work in this genre. Any library strong in modern dance in general needs this.

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